

Myers-Davis Life Coaching
Batesville, Arkansas
(870) 569-1052

Winter 2025





Tiffany, Alivia, & Crystal

**PERSONS WE SUPPORT & DIRECT
SUPPORT PROFESSIONAL OF THE
QUARTER**



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Myers-Davis Life Coaching was established in 2014. It was founded and is owned and operated by Angela Davis & Dr. Edward “Doc” Myers. Angela is a lifelong resident of Batesville where she resides with her husband Mark and dog, Jules. Doc is a Texas native, later moving to Searcy where he spent decades professing at Harding University.

Together, they have formed an organization dedicated to Business Consulting, Veteran Services, and Disability Services. Myers-Davis serves the entire state of Arkansas and has offices in Jonesboro, Highland, Cabot alongside the main office in Batesville. Myers-Davis Life Coaching and Disability Services’ mission is to transform lives by allowing people to see the potential they have within for being more than what they presently are and to provide and coordinate educational training, programs, direction, and support services for individuals with disabilities and their families. We strive to provide quality services that range from home community-based support, workforce advocacy/training, and secondary school-based life skills/vocational readiness. It is our passion to empower those who need it, foster independence, and promote achievement of both career and education so that those with disabilities may live more productive, more independent lives.

We are currently seeking Direct Support Professionals in many areas of the state. Contact us to find out about positions available in your area.

870-569-1052



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CES Waiver

Arkansas Medicaid Waiver is a program used to provide supports to people with intellectual and developmental disabilities in the home and community-based settings rather than an institution. "Waiver" offers many different services to approved individuals such as supportive living services, supplemental supports, respite care, crisis intervention, community transition services, consultation services, specialized medical supplies, durable medical equipment and employment services. A person must have a qualifying diagnosis before the age of 22 to be eligible for Waiver & will be placed on the Waiver waitlist. Myers-Davis currently serves **500 Medicaid Waiver clients** across the entire state of Arkansas. Visit our website at: <https://myersdavis.com/ces-waiver-services> or the Department of Human Services website at: <https://humanservices.arkansas.gov/divisions-shared-services/developmental-disabilities-services/ces-waiver/>

Questions? Contact Rebecca or Kerby (program directors)
during business hours at:



rebecca@myersdavis.com



870-613-5900



kerby@myersdavis.com



501-422-8125



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Pre-ETS

The Pre-Employment Transitions Services (Pre-ETS) is a 3 Year Program for Sophomores, Juniors & Seniors in High School operated through Arkansas Rehabilitation Services (ARS). It is a class-based program focusing on Career to Work education. Students receive Class Credit toward Graduation for taking the class. Classes are taken during school hours, every-day during school week, for 1 or 2 class periods based on each high school served.

To Qualify for the Program: Students need to have a 504, IEP, or Doctors note of medical diagnosis such as diabetes, anxiety, depression, ADHD, Crohn's disease, or any diagnosis that hinders the student. Students receiving mental health services are also eligible.

The Transitions Career to Work Education Class will teach students life skills, communication skills, job skills, job exploration, job training, career interests, personality assessments, coping skills, transitioning from high school into the workforce/trade school/college, and so much more.

As part of the curriculum for the program, the Myers-Davis Educators & Job Coaches will assist the students in finding jobs to match their abilities and interests within the school system. And if certain jobs are available outside the school system and in the students' community, job coaches will assist the student in training and applying for those jobs. Students will be paid the current minimum wage rate thru Myers-Davis Life Coaching. Participation in paid work-based learning activities **will not affect SSI/SSDI benefits when reported properly**. Myers-Davis will assist you in reporting income to Social Security.

Myers-Davis serves the following schools in North Central Arkansas:

- Rosebud
- Pangburn
- White County Central
- Midland
- Concord
- Mountain View
- Southside
- Cedar Ridge
- Hillcrest
- Cave City
- Melbourne
- Highland
- IZARD County Consolidated (ICC)
- Mammoth Spring

Questions? Contact Charity (program director) at:



charity@myersdavis.com



870-307-9926



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Employment Services

Myers-Davis is statewide vendor for the Employment Services program offered through Arkansas Rehabilitation Services (ARS) (a division of Workforce services). This program provides Competitive Integrated Employment (CIE) Service to adults with disabilities. This includes a discovery process that helps the person recognize their employment interests. Each person enrolled receives one-on-one support from our Program Director through Supported Employment, Job Placement, and/or Individual Job Coaching. This powerful program can help the person with a disability gain knowledge on the application process and the interview process, plus skills on retaining the job that they were hired for.

Questions? Contact Kari (program director) at:



kari@myersdavis.com



870-569-1052

You can also learn more and apply for services from the Arkansas Rehabilitation Services' Field Services webpage:
<https://dws.arkansas.gov/ar-rehabilitation-services/field-services/>

Or Scan this
QR Code to
access the
ARS website





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Skills Training Center

Myers-Davis Life Coaching has opened a vocational/life skills training center in Batesville, Arkansas designed to provide training to individuals with developmental and/or behavioral disabilities in life skills, job skill development, and community transition services. The goal of the training center is to assist adults with disabilities to achieve maximum independence and productivity.

Training will be provided on life skills, vocational/job skills, independent living skills including community integration, self-advocacy, job exploration, work readiness, and work simulations.

Education methods include classes, guest speakers, job simulations, and eventually prospective employment provided for which individuals will be paid.

Topics for training may include any of the following:

- Educational/Vocational Training
- Employment
- Resource and Medication Management
- Self-care
- Household Maintenance
- Budgeting/Money Management
- Health
- Wellness
- Nutrition
- Socialization
- Community Integration

Questions? Contact Heather (program director) at:



heather@myersdavis.com



870-569-1052



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Ticket-to-Work

Ticket-to-Work exists to assist any individual who has a disability and wishes to return to work, by acquiring a “Ticket” for protection of their benefits. As a Ticket to Work Employment Network, we provide Social Security disability beneficiaries (persons who receive SSI or SSDI) age 18 through 64 job-related supports. Services offered may include job coaching, job counseling, training, benefits counseling and job placement. When participating in the Ticket Program, the individual works with their EN to reduce or eliminate their dependence on SSDI and/or SSI cash benefits.

Social Security has many Work Incentives designed to fit a plethora of individual situations. For more information about all of Social Security’s Work Incentives and if they can work for you, please contact Dr. Ann Webb at [870-567-5292](tel:870-567-5292) or ann@myersdavis.com. Mrs. Rita Wycough is also available to help at [870-569-5293](tel:870-569-5293) or rita@myersdavis.com.



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Quality Assurance

A few months ago, we welcomed a new 'Quality Assurance Compliance Officer: Denice Melton. She brings years of experience as a Paraprofessional at Southside School District Preschool, working her way up to Assistant Director there in 2011. She later gained some experience working as a Developmental Therapy Assistant before starting her most recent job at The Children's Clinic in Batesville, AR. We are so proud she has chosen to be a part of our team here at Myers-Davis!

The Quality Assurance Department will begin doing around 2-3 'Personal Outcome Measures' interviews a month with the people that receive support. 'Personal Outcome Measures' is a registered trademark concept developed by CQL (The Council on Quality and Leadership) to identify and measure outcomes related to a person's quality of life. It is a meeting or interview-style process with a person we serve and/or a person that supports the person we serve. Data collected in interviews allows for analysis of trends and planning for positive changes (whether that be in services or natural supports or something else). QA is beyond excited to start this, with the hope that we will further improve our Waiver care!

- **Magan Rogers**
 - Office: 870-569-1994
 - Cell: 870-613-4424
 - Email: magan@myersdavis.com
- **Denice Melton**
 - Office: 870-569-1052
 - Email: denice.melton@myersdavis.com



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Positive Behavior Support

Positive Behavior Support Plans are for people who have disabilities, assisting them in enjoying a normal life and helping them overcome the challenges that hinder them from being/becoming independent. When making these plans, the values to be considered are respect for the individual, person-centered planning, treating all people with dignity, and making sure the person is not being abused, neglected, or subjected to unnecessary restrictions or punishments. These individualized plans are proactive and based on an understanding of the function of the behavior, using a team-based planning approach.

We are excited to announce a partnership with Central Arkansas Disability Services, Inc., whereby we will serve as consultants for a certification curriculum to become trainers in “Developing and Implementing a Positive Behavior Support Plan” for the state of Arkansas; the core goals of which are to enhance individual well-being, prevent the occurrence of challenging behaviors, and promote the development of social/adaptive skills needed to improve the an individual’s quality of life. The curriculum has been completed and submitted to the Arkansas Department of Human Services, Division of Developmental Disabilities Services. The DDS team is currently reviewing the curriculum for the program to issue approval.

Call Dr. Ann Webb at **870-569-5292** or email her at **ann@myersdavis.com** for more information. Mrs. Rita Wycough is also available at **870-569-5293** or **rita@myersdavis.com**.



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Human Resources

Our Human Resources department is delighted to serving our team and meeting their needs. We exist to help the whole team of Myers-Davis Life Coaching & Disability Services understand their benefits of working with us. We also work diligently keeping everyone's employee record in compliance with state licensure standards. We are continually updating our training materials and processes for our employees, so be sure to watch for updates here and there. We also do an annual update of all policies and our Handbook. Please be sure to watch for those updates coming soon.

Our team currently consists of:
Don Gregory - HR Director
Amie McBride - HR Administrator
Jon Branscum - HR Specialist
Marjorie Green - HR Assistant
Lisa Hill - Payroll Director

To get in touch with our Human Resources department, you can send an email to: hr@myersdavis.com or call the main office number at (870) 569-1052.



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Upcoming Events



JANUARY 18 - WINTER SOCIAL 2025 HOSTED BY MYERS-DAVIS @ BATESVILLE



MARCH 14 - PROMTASTIC HOSTED BY & LOCATED @ CROSS CHURCH SPRINGDALE



APRIL 4 - MYERS-DAVIS CAREER COMPETITION @ SOUTHSIDE HIGH SCHOOL (BATESVILLE)

DID YOU KNOW?

We have a **Human Rights Committee** dedicated to serving your needs! What is a Human Rights Committee? It's a team of people who recognize the importance of the individual rights of a person with disabilities. This team works together to review any restrictions of rights and prevent any future rights restrictions. If you feel like someone you support is experiencing a restriction on any of their rights, you can always present it to the Human Rights Committee for them to look into.

The committee's email address is:
rightscommittee@myersdavis.com



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Stay Connected!



Web: www.myersdavis.com



Facebook: [@MyersDavisLC](https://www.facebook.com/MyersDavisLC)



Instagram: [@myersdavislc](https://www.instagram.com/myersdavislc)



YouTube: [@myersdavislc](https://www.youtube.com/myersdavislc)



LinkedIn: [@myers-davis-lc](https://www.linkedin.com/company/myers-davis-lc)

Right of the Quarter

The Right to Be
Employed

Topic of the Quarter

Natural
Supports



the people and places in a
person's community that can help
them participate in their
community and improve their
quality of life



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COOKING CORNER

Easy Baked Oats

- 1 cup rolled oats
- $\frac{3}{4}$ cup milk
- 1 banana
- 1 egg OR portion of egg substitute equal to 1 egg
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1 teaspoon vanilla extract
- 2 tablespoons honey or maple syrup
- Pinch of salt
- Chocolate chips, berries, nuts, or other toppings (for garnishment)

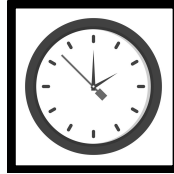
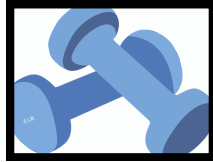
1. Preheat oven or toaster oven to 375F degrees.
2. Combine ingredients in a blender and blend for 1 minute.
3. Pour blended mix into oven-safe ramekins or small baking pan.
4. Top with chocolate chips, berries, nuts, or other favorite toppings.
5. Bake for 30 minutes.

What would
YOU
like to see on the
Myers-Davis Newsletter?

email: marketing@myersdavis.com
with Newsletter ideas

REBUS PUZZLES

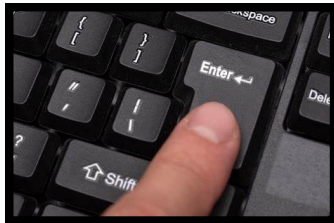
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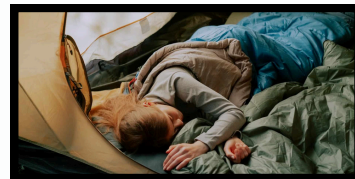
4.



5.



6.



REBUS PUZZLES

1. Wait Time
2. Gym Bro
3. Inter-Resting
4. Buffalo
5. Persuade
6. Wreck-less Intent



WE ARE
MYERS-DAVIS

